

Physical Education MCQs Part- 2

51-Length of Javelin for women _____

- a) 2.10 m
- b) 2.20 m
- c) 2.30 m
- d) 2.40 m

52-Angle of javelin through _____

- a) 30
- b) 40
- c) 29
- d) 31

53-Weight of Javelin for men _____

- a) 600 g
- b) 800 g
- c) 400 g
- d) 900 g

54-Weight of Javelin for women _____

- a) 600 g
- b) 700 g
- c) 500 g
- d) 400 g

55-When Javelin through introduced in Modern Olympic games first time _____

- a) 1900
- b) 1904
- c) 1908
- d) 1912

56-Time allow the athlete for jump _____

- a) 20 sec
- b) 30 sec
- c) 40 sec
- d) 60 sec

57-High jump runway distance _____

- a) 12 m
- b) 13 m
- c) 15 m
- d) 14 m

58- How many lanes on track _____

- a) 6
- b) 7
- c) 8
- d) 9

59-Standard track total distance is _____

- a) 300 m
- b) 200 m
- c) 400 m
- d) 800 m

60-In 400 meter race last athlete Stagger _____

- a) 7.01 m
- b) 7.42 m
- c) 7.67 m
- d) 7.80 m

61- When FIFA established _____

- a) 1904

b) 1905

c) 1906

d) 1907

62- When first FIFA World Cup held _____

a) 1920

b) 1926

c) 1930

d) 1940

63- Which country won most FIFA world cups _____

a) Brazil

b) Germany

c) Italy

d) France

64- How many members of FIFA at 2008 _____

a) 208

b) 209

c) 376

d) 211

65- Where FIFA house build in Pakistan _____

a) Islamabad

b) Karachi

c) Lahore

d) Multan

66- Total Length and width of Football ground is _____

a) 100 & 70

b) 120 & 80

c) 120 & 90

d) 90 & 70

67- Which country won 2002 world cup _____

- a) Brazil
- b) Germany
- c) Korea
- d) Italy

68- Which team won First FIFA world Cup _____

- a) Uruguay
- b) Brazil
- c) Germany
- d) France

69- In which year women football introduced in Olympic games _____

- a) 1992
- b) 1996
- c) 2000
- d) 1988

70- Total time of break or interval in Football _____

- a) 15 min
- b) 30 min
- c) 45 min
- d) 20 min

71- The game of Chess started from _____

- a) 3000 BC
- b) 2000 BC
- c) 1000 BC
- d) 500 BC

72- In which country the education of chess is given in schools _____

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- a) Russia
- b) China
- c) France
- d) Rome

73- Which Country first of all introduce Chess _____

- a) Italy
- b) Hindustan
- c) Russia
- d) China

74- Which city is call home of Chess _____

- a) Venues
- b) Delhi
- c) Masco
- d) New York

75- How many years Jhangir Khan remain Unbeated _____

- a) 5 years
- b) 7 years
- c) 8 years
- d) 3 years

76- When first world Cup Squash held _____

- a) 1983
- b) 1984
- c) 1985
- d) 1986

77- When Pakistan First time play the Squash at International level _____

- a) 1949
- b) 1950

c) 1955

d) 1956

78- Old name of Squash is _____

a) Rackets

b) Binfael

c) Steel hit

d) Green ball

79-Number One player of Squash in Pakistan _____

a) Shahid Zaman

b) Jhangir Khan

c) Mansor Zaman

d) Zark Jahn

80-World Open Squash 2008 where held _____

a) England

b) Italy

c) China

d) America

81-Where first Tour de France held _____

a) 1902

b) 1903

c) 1904

d) 1905

82- Which player won more titles of Tour de France _____

a) France

b) Italy

c) Brazil

d) Australia

83- Record of Tour de France is _____

- a) 39.5 Km
- b) 40.5 km
- c) 45.5 km
- d) 43.5 km

84-Which player make the fastest world record _____

- a) John Haward
- b) Ben Thomas
- c) Smith
- d) Jack warner

85-Which is the fastest cyclist in England _____

- a) John Haward
- b) David Le Grays
- c) Will Smith
- d) John will

86-When cycling is introduced in Olympic Games _____

- a) 1992
- b) 1994
- c) 1996
- d) 2000

87-Cycling is the national game of _____

- a) Italy
- b) France
- c) Germany
- d) Brazil

88-Who is the inventor of the cycle _____

- a) Crack Patrick
- b) Colmbo
- c) Graham bell
- d) Charles

89-When the competition of boating introduced in Olympics Games_____

- a) 650 B.C.
- b) 648 B.C.
- c) 646 B.C.
- d) 644 B.C.

90-When wrestling is introduced in Olympics Games_____

- a) 1900
- b) 1904
- c) 1908
- d) 1912

91-When the famous Muslim wrestler Gama become world champion_____

- a) 1901
- b) 1911
- c) 1921
- d) 1931

92-What is the real name of Gama_____

- a) Muhammad Irfan
- b) Ghulam Muhammad
- c) Muhammad Saleem
- d) Aktar Hussain

93-Which title is awarded to Imam Bakhsh wrestler_____

- a) Rustam-e-Hind
- b) Rustam-e-Jahan

c) Rustam-e-Iran

d) Rustam-e-Pakistan

94-How many categories in international wrestling_____

a) 2

b) 3

c) 5

d) 8

95-When women wrestling introduced in Olympics Games_____

a) 2000

b) 2004

c) 2008

d) 2012

96-When the Pakistani wrestler Muhammad Bashir won the bronze medal in Olympics_____

a) 1956

b) 1960

c) 1964

d) 1968

97-In 1962 Asian games how many medals won by Pakistan in wrestling_____

a) 10

b) 11

c) 12

d) 14

98-In 1970 Asian games how many medals won by Pakistan in wrestling_____

a) 1

b) 2

c) 3

d) 4

99-Which is the national organization of table tennis_____

- a) Pakistan Table tennis Federation
- b) Pakistan Tennis federation
- c) Pakistan Football Federation
- d) Pakistan Table Tennis Committee

100-Which is the international organization of table tennis_____

- a) International Table Tennis federation Association
- b) International Table Tennis federation
- c) International Table Federation
- d) International Table Tennis Association

Q	Ans	Q	Ans	Q	Ans	Q	Ans	Q	Ans
51	B	61	A	71	A	81	B	91	A
52	C	62	C	72	A	82	A	92	B
53	B	63	A	73	B	83	A	93	A
54	A	64	A	74	A	84	A	94	A
55	A	65	C	75	A	85	B	95	B
56	D	66	B	76	B	86	C	96	B
57	C	67	A	77	B	87	B	97	D
58	C	68	A	78	A	88	A	98	B
59	C	69	B	79	A	89	B	99	A
60	C	70	A	80	A	90	B	100	B