

Physical Education MCQs Part- 4

151- The stick which is used to hit the ball in Golf is called _____

- a) Club
- b) Golf stick
- c) Golf Hockey
- d) Hockey Stick

152- Ground of Golf is called _____

- a) Course
- b) Ground
- c) Golf Ground
- d) Golf Place

153- What is meant by Dogleg in Golf _____

- a) Hole
- b) Stick
- c) Ground
- d) Player

154-What is said to Golfer _____

- a) Pitter
- b) Golf Friend
- c) Golf Player
- d) Student of Golf

155-Who is the first champion of Golf in Pakistan _____

- a) Safeer Abbas
- b) Akhtar Hussain
- c) Abdul Rauf
- d) Tamhor Hassan

156- Old name of Pakistan Golf Federation _____

- a) Pakistan Golf Union
- b) Pakistan Golf
- c) Pakistan Golf Association
- d) Pakistan Golf Head

157- First President of Pakistan Golf Federation _____

- a) Justice A R Karnees
- b) Muhammad Saleem
- c) Akhtar Hussain
- d) Abdul Rauf

158- In Europe Mountainering is also known as _____

- a) Alpinism
- b) Mountainer
- c) Palinar
- d) Ragis

159- Which is the highest mountain in Pakistan _____

- a) K-2
- b) K-3
- c) Mountaveras
- d) K-5

160- Total height of K-2 _____

- a) 8516 m
- b) 8411m
- c) 7814 m
- d) 1500 m

161- Height of Nanga Parbat _____

- a) 8125 m

b) 8516 m

c) 8068 m

d) 8048 m

162- From where the game of Kabadi Started _____

a) Bar-e-sagheer

b) Hindustan

c) Pakistan

d) India

163- When Asian Kabadi Federation is established _____

a) 1988

b) 1986

c) 1978

d) 1975

164- In Pakistan how many methods to play Kabadi _____

a) 2

b) 3

c) 4

d) 5

165- In 2006 Asian Games how many countries participated in Kabadi _____

a) 11

b) 12

c) 13

d) 14

166- How many players in Sarkal Kabadi game _____

a) 10

b) 11

c) 12

d) 13

167- Duration of Sarkal Kabadi match _____

a) 20 min

b) 30 min

c) 40 min

d) 65 min

168- When first Asian Kabadi Championship held _____

a) 1979

b) 1980

c) 1981

d) 1982

169- What is the lowest score in in ODI cricket record _____

a) 43 runs

b) 25 runs

c) 30 runs

d) 52 runs

170- What is the record of highest score in test match one innings _____

a) 400

b) 500

c) 200

d) 100

171- Which batsman make most runs in his career _____

a) 61237

b) 2341

c) 11090

d) 12307

172- Which is the first bowler who get above 400 wickets in test cricket _____

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a) Shanwarn , Waseem Akram ,Murlitharn

b) Shan Waston

c) Bret lee

d) Lara

173- Total number of player in Cricket team _____

a) 9

b) 10

c) 11

d) 15

174- In which year Pakistan won ODI world cup _____

a) 1988

b) 1992

c) 1996

d) 2000

175- ICC stand for _____

a) International Cricket Council

b) International Cricket Committee

c) International Cricket Federation

d) International Cricket Countries

176-2011 world cup held in which country _____

a) Bangladash

b) India

c) Sri Lanka

d) All of these

177-Which team won the 2003 world cup _____

a) India

b) Australia

c) Pakistan

d) England

178-Runner up team of 2003 world cup _____

a) India

b) Pakistan

c) England

d) Sri Lanka

179- Which team won the world cup 2007 _____

a) Australia

b) England

c) Pakistan

d) India

180- Which team won 1999 world cup _____

a) Australia

b) Pakistan

c) England

d) India

181- Lowest score of Pakistan cricket team in test match _____

a) 26 runs

b) 28 runs

c) 72 runs

d) 12 runs

182-Old name of Valley Ball is _____

a) Mintonette

b) Net Ball

c) Valley

d) Valley Ball

183-When International Valley Ball Federation established _____

- a) 1945
- b) 1946
- c) 1947
- d) 1948

184-When first International Championship of men held _____

- a) 1934
- b) 1947
- c) 148
- d) 1949

185- When first International Championship of men held _____

- a) 1947
- b) 1948
- c) 1951
- d) 1952

186- When first time Valley Ball game is introduced in Olympic Games _____

- a) 1960
- b) 1964
- c) 1968
- d) 1972

187-In 1921 the team of Vally Ball consist on how many players _____

- a) 12
- b) 11
- c) 13
- d) 7

188-When Pakistan Valley Ball Federation Established _____

- a) 1950

b) 1955

c) 1956

d) 1957

189- When Valley Ball is introduced in Asian Games _____

a) 1958

b) 1956

c) 1957

d) 1954

190- How many player in a team of a Valley Ball _____

a) 7

b) 4

c) 5

d) 6

191- How many substitute players in Valley Ball team _____

a) 3

b) 4

c) 5

d) 6

192- Length of Valley Ball Net _____

a) 9.20 m

b) 9.50 m

c) 10 m

d) 8.20 m

193- Weight of Valley Ball ball is _____

a) 9 to 10 ounce

b) 8 ounce

c) 12 ounce

d) 11 ounce

194- Length of Valley Ball court _____

a) 12 m

b) 17 m

c) 18 m

d) 21 m

195- For winning the game lead is required _____

a) 2

b) 3

c) 4

d) 5

196- Height of Valley Ball net for women _____

a) 2.24 m

b) 2 m

c) 3 m

d) 2.12 m

197-When Beach Valley Ball introduced in Olympic Games _____

a) 1992

b) 1996

c) 2000

d) 2004

198- Total Number of players in Beach Valley Ball Game _____

a) 1

b) 2

c) 3

d) 4

199- Width of Valley Ball courts lines _____

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- a) 5 cm
- b) 2 cm
- c) 3 cm
- d) 1 cm

200-Height of Valley Ball Net for men _____

- a) 2.40 m
- b) 2.43 m
- c) 2.45 m
- d) 2.98 m

Answer

Q	Ans	Q	Ans	Q	Ans	Q	Ans	Q	Ans
151	A	161	A	171	A	181	A	191	D
152	A	162	A	172	A	182	A	192	B
153	A	163	C	173	C	183	C	193	A
154	A	164	C	174	B	184	D	194	C
155	D	165	B	175	A	185	D	195	A
156	A	166	B	176	D	186	B	196	A
157	A	167	C	177	B	187	A	197	B
158	A	168	B	178	A	188	B	198	B
159	A	169	A	179	A	189	A	199	A
160	A	170	A	180	A	190	D	200	B